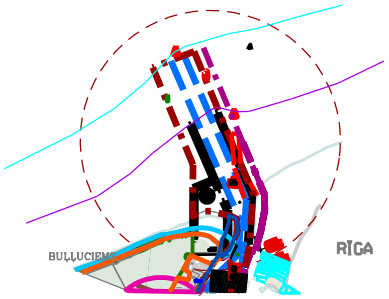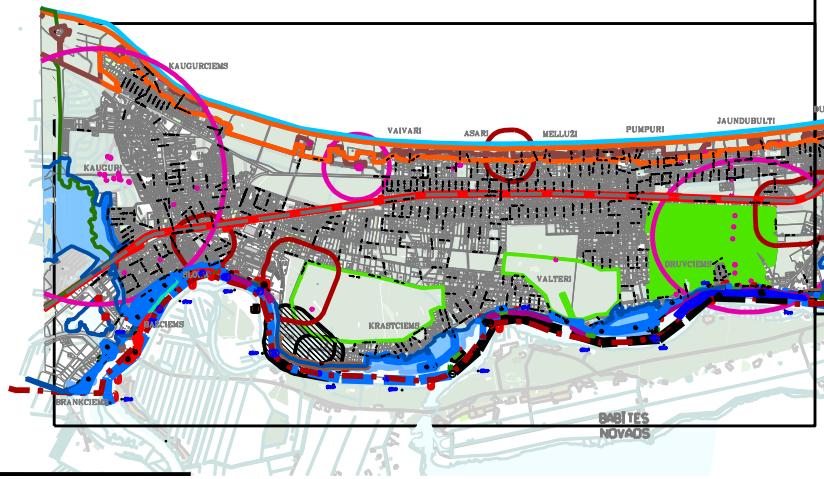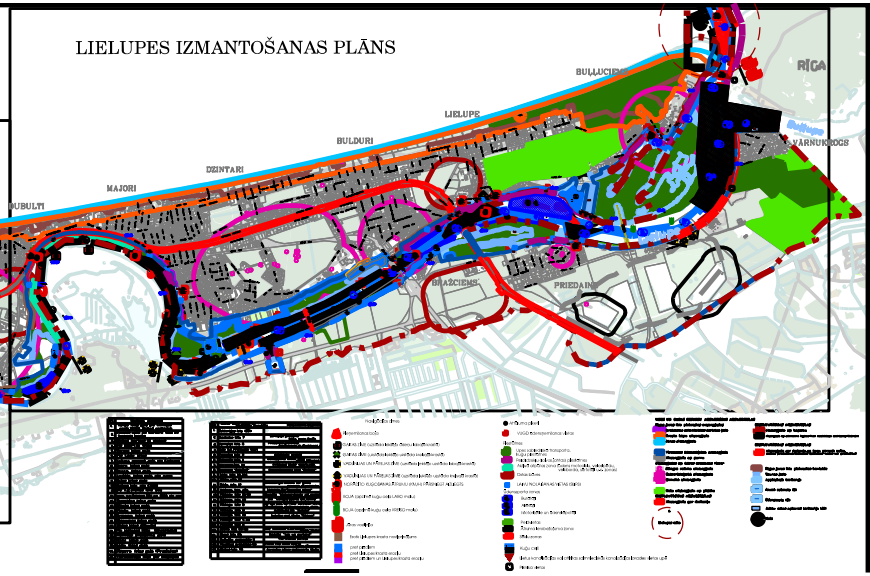LIELUPES IZMANTOŠANAS PLĀNS